

Read

When working with cement, such as preparing concrete, always read and follow the guidance on the packaging

Wear

Wear the right protective, waterproof equipment:

- goggles or face shield
- gloves with sleeve extension to the wrist
- chest protection eg impermeable apron
- leg protection eg impermeable trousers
- work boots or wellies

Action

If wet cement gets onto clothing or trapped in boots, remove them immediately

If dry cement comes into direct contact with skin, brush it off immediately

First Aid

If there is a burning or painful sensation, act fast:

- apply clean running water (eg shower or hosepipe) to the area
- continue for 2 hours or until the burning feeling has stopped
- keep the person warm
- use Diphoterine® if available



PREVENTION IS BETTER THAN CURE

Signs of a cement burn include redness, itching, dryness, blisters, scabs and pain.

Cement can continue to burn without the right care.

Seek medical advice from the nearest Emergency Department or Minor Injuries Unit as soon as possible.

Visit these links for more detailed information and First Aid advice:

<https://www.hse.gov.uk/construction/healthrisks/hazardous-substances/cement.htm>

<https://www.nhs.uk/conditions/acid-and-chemical-burns/>